



ISN LECTURE SERIES 4/2018



DATE

7th JUNE 2018 (THURSDAY)

VENUE

AUDITORIUM HALL

NATIONAL SPORTS COUNCIL OF MALAYSIA

BUKIT JALIL, KUALA LUMPUR

INVITED SPEAKER:

Prof. Dr. Robert Joel Schinke, President of International Society of Sport Psychology (ISSP)

ABOUT THE SPEAKER:

Robert Joel Schinke, a former equestrian, competed in four North and South American Junior Championships from 1983-1987. In his last year as a junior, Robert was selected to Canada's 1987 Pan-American Games Team, and once again as a Canadian Equestrian Team Member in 1991. In 1992, Robert began his graduate studies in Kinesiology (Ottawa University), and later earned a Doctorate in Education (University of Alberta) and completed a Post-doctoral year in Positive Psychology (University of Pennsylvania). In 2002 Robert joined the School of Human Kinetics at Laurentian University and became a full professor in 2010. His publications include four authored books and seventeen co-edited textbooks, including "Cultural Sport Psychology," the "Cultural Turn in Sport Psychology," "The Psychology of Sub-culture in Sport and Physical Activity", the "Routledge International Handbook of Sport Psychology", and "Psychology in Professional Sports and the Performing Arts" (Routledge). Robert has co-authored more than 120 peer-reviewed publications and guest co-edited the International Journal of Sport and Exercise Psychology (Autumn, 2009), the Journal of Clinical Sport Psychology (Autumn, 2011), the Journal of Sport and Social Issues (Autumn, 2011), Qualitative Research in Sport, Exercise and Health (Autumn, 2013), Psychology of Sport and Exercise (January, 2015), and he is presently co-editing a special issue of the International Journal of Sport and Exercise Psychology focused on research in developing countries and the Journal of Sport Psychology in Action focused on contextual sport psychology.

He was previously an Associate Editor for Psychology of Sport and Exercise, and the Journal of Sport and Social Issues. He now serves as co-editor to the International Journal of Sport and Exercise Psychology, as the Associate Editor for Case Studies in Sport and Exercise Psychology, and as an editorial board member for the Journal of Clinical Sport Psychology, and Qualitative Research in Sport, Exercise, and Health. Robert has twice been awarded the Canadian Sport Science Research Award for Community Research resulting from his sport for development work with Indigenous youth, and a Canada Research Chair in Multicultural Sport and Physical Activity. A former AASP student representative, Robert is a former President (2014-2015) of the Association for Applied Sport Psychology and he now serves as President for the International Society of Sport Psychology. Since 2000 he has worked extensively with world champion professional boxers featured on HBO, and presently, having just returned from the Rio Olympics, he is preparing the Canadian Male and Female National Boxing and Karate Teams for the 2020 Summer Olympics. Recently, one of Robert's former PhD students was awarded the Governor General's Gold Medal for her dissertation project and subsequently named the International Society of Sport Psychology's Developing Scholar Award Recipient for 2017.

Dr. Robert Schinke, Canada Research Chair in Multicultural Sport and Physical Activity, has been working with local reserves in Northern Ontario to develop culturally-relevant approaches to motivate Aboriginal athletes. Their work has uncovered the personal, coaching and community social support practices of indigenous athletes at the community and elite levels. As a result, Schinke anticipates that more youth from diverse cultures and nationalities will remain active in Canadian sport and physical activity, offsetting such health challenges as diabetes, suicide and substance abuse.

Schinke is investigating the sport-related challenges new Canadians experience in the country's sport system. More than 15 per cent of Canadian Olympians are immigrants, many of whom experience cultural assimilation challenges, including unfamiliar coaching practices. He is exploring how the national sport system can better understand the needs of immigrant athletes. Furthermore, his work transcends elite athletes to community sport programs, working with refugees. The answers that Schinke provides may completely change the way we look at sport and recreation services and transform the cultural sensitivity of sport offerings in Canada and abroad. He takes his research into the field and works actively onsite at major games events, including the recent 2016 Rio Olympic Games and the forthcoming 2018 Commonwealth Games.

Robert Schinke has been featured on the SSHRC website as the profiled researcher during August 2012 (during the 2012 Summer Olympic Games), and was the featured researcher on the CFI website during February, 2014 (during the 2014 Winter Olympic Games). He was recently (2016) identified by CFI as one of their featured 50 Infrastructure investments

TOPIC 1:

WORKING WITH DIVERSE CULTURES IN NATIONAL TEAMS

There has been considerable traction relating to the emerging topic area of cultural sport psychology, especially over the last 10 years. Most every peer reviewed journal with a high impact factor is intentionally solicited work in this area to broaden understanding about how to work with diverse clients in sport and exercise psychology. Within the applied realm, three major international sport psychology societies have mandated cultural education as part of their developing or redefined accreditation systems. This need for culturally safe practice parlays into enhanced professional practices, ethical work, and social justice, whilst also augmenting athlete performance enhancement. Within this lecture, the presenter, who first named this field in 2005, considers how to integrate diversity practices within a national team setting. The lecture is subdivided in its structure, building upon a logical format. First, cultural sport psychology is introduced in relation to the historical context of its emergence. Second, a rationale is provided for cultural sport psychology practice. Third, characteristics and criteria of CSP are unpacked for the practitioner. Fourth, more nuanced cultural contexts are considered based on geography. Fifth, rapport building, utilizing a CSP approach is discussed. Sixth, criteria for culturally safe work is presented. Finally, conclusions are proposed. This content is framed in relation to high performance sport contexts and the uptake of this knowledge base into practical contexts.

TOPIC 2:

PREPARING TEAMS FOR MAJOR GAMES IN THE OLYMPIC CYCLE

Psychological preparation strategies have been investigated formally for more than four decades. Empirical data and reviews of literature alike suggest that many of these processes, or pathways, are cross-cultural. Within this lecture, the presenter focuses on the temporal pathways to athlete and team psychological preparation. Each quadrennial entails four years of preparatory work for an Olympic athlete, each being transitional in nature. Though discrete transitions have been introduced in the scholarship, the temporal nature of these has rarely been fully excavated. There are six discrete meta-transitions identified in this presentation that begin in year one of the Olympic cycle and culminate in the end of the Olympic year. These meta-transitions are sequential, and in some cases they necessitate an efficient move through the first several meta-transitions for late comers to an Olympic cycle. This lecture is segmented into three parts. Part one is focused on context setting in relation to the Olympic experience. Part two is focused on the aforementioned six meta-transitions. These include (a) entering the cycle, (b) entering into major international (multi-sport) tournaments, (c) Olympic qualification, (d) focused preparation for the Olympic games, (e) onsite implementation, and (f) post-games oversight. Recommendations are provided in relation to each meta-transition, structured as demands, resources, barriers, and strategies, in keeping with career transitions scholarship.



TENTATIVE PROGRAMME



9.00 am	Registration of participants
9.25 am	Welcoming speech
9.30 am	Topic 1: WORKING WITH DIVERSE CULTURES IN NATIONAL TEAMS
10.30 am	Break
10.45 am	Topic 2: PREPARING TEAMS FOR MAJOR GAMES IN THE OLYMPIC CYCLE
11.30 am	End



FAQ:



Who can participate?

- Everyone in the sports field, i.e. sports scientists / officers / practitioners / physicians, academicians, administrators, students, coaches, athletes

How do I register?

- Do register online at www.isn.gov.my

How much do I have to pay?

- RM25 Student IPTA/IPTS RM50 Others

FREE (*please bring your id card*)

- > Sports Associations (under NCA program)
- > National Coach & Ex-coach
- > National Athletes & Ex-Athletes
- > State Sports School Teachers

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